FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * <u>RICKETTS LAWRENCE</u> (Last) (First) (Middle) <u>60 CUTTER MILL ROAD</u>	2. Issuer ONE LIBERTY PROPERTIES INC 3. Date of Earliest Transaction (Month 01/18/202	/Day/Year)	5. Relationship of Reporting Perso (Check all a □ Director ✔ Officer (give title below)	pplicable) 10% Owner		
(Street) <u>GREAT NECK, NY 11021</u> (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month/Day/Year)	Exec.Vice President and COO 6. Individual or Joint/Group Filing (Will be automatically set) • Form filed by One Reporting Person • Form filed by More than One Reporting Person			

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/ Day/ Year)	2A. Deemed Execution Date, if any (Month/ Day/ Year)			4. Securities Acc (Instr. 3, 4 and 5	uired (A) or Dispose	ed of (D)			7. Nature of Indirect Beneficial Ownership
			Code	V	Amount	(A) or (D)	Price	Owned Following Reported	Form: Direct (D) or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	01/18/2023		S		172	D	\$23.58	188,992.863	D	
Common Stock	01/18/2023		S		828	D	\$23.54	188,164.863	D	
Common Stock	01/18/2023		S		39	D	\$23.56	188,125.863	D	
Common Stock	01/18/2023		S		1,000	D	\$23.55	187,125.863	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	Conversion or Exercise	Day/Year)	Execution Date, if any	Code I (Instr. 8)		Derivative Securities	6. Date Exercisable and Expiration Date (Month/ Day/ Year)				Derivative Security	Securities	Ownership Form of	Beneficial
	Price of Derivative Security		(Month/ Day/ Year)	Code V Acquired (A) or Disposed or (D) (Instr. 3, 4, and 5)	Date Exercisable	Expiration Date		Amount or Number of Shares	. ,	Owned Following Reported Transaction(s)	Direct (D) or Indirect	Jwnership Instr. 4)		

Remarks:

Lawrence Ricketts 01/19/2023 **Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v). ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.